## Monthly prescription of Nutilis Powder based on a fluid intake of 1500mls - 2000mls of thickened fluid per day



	Grade 1	Grade 2	Grade 3	Grade 4
	"very mildly thick"	"mildly thick"	"moderately thick"	"extremely thick"
	naturally thick fluids	syrup	custard	pudding
Number of 300g Tins of Nutilis Powder needed per month	4-6	9-12	12-16	15-20





These calculations are based on a target fluid intake of 1500mls - 2000mls per day. If the patient has a higher fluid requirement then please increase the amount of tins needed per month.

The average number of scoops of Nutilis Powder for different drinks has been used to calculate these amounts. For example, the average amount of Nutilis Powder needed for a Grade 1 liquid is 2 scoops per 200mls of fluid (average number of scoops needed for regular fluids, milk, hot fluids and supplements). If Nutilis Powder is used for foods please increase the amount of tins needed



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